



Coach's code of ethics



1. Respect the rights, dignity and worth of every human being.	<ul style="list-style-type: none"> • Within the context of the activity, treat everyone equally regardless of sex, disability, ethnic origin or religion.
2. Ensure the athlete's time spent with you is a positive experience.	<ul style="list-style-type: none"> • All athletes are deserving of equal attention and opportunities.
3. Treat each athlete as an individual.	<ul style="list-style-type: none"> • Respect the talent, developmental stage and goals of each individual athlete. • Help each athlete reach their full potential.
4. Be fair, considerate and honest with athletes.	
5. Be professional and accept responsibility for your actions.	<ul style="list-style-type: none"> • Language, manner, punctuality, preparation and presentation should display high standards. • Display control, respect, dignity and professionalism to all involved with the sport - this includes opponents, coaches, officials, administrators, the media, parents and spectators. • Encourage your athletes to demonstrate the same qualities
6. Make a commitment to providing a quality service to your athletes.	<ul style="list-style-type: none"> • Maintain or improve your current accreditation. • Seek continual improvement through performance appraisal and ongoing coach education. • Provide a training program which is planned and sequential. • Maintain appropriate records.
7. Operate within the rules and spirit of your sport.	<ul style="list-style-type: none"> • The guidelines of national and international bodies governing your sport should be followed. Please contact your sport for a copy of its rule book, constitution, by-laws, relevant policies, eg. Anti-doping Policy, selection procedures etc. • Coaches should educate their athletes on drugs in sport issues in consultation with a Sports Drug Agency (SDA).
8. Any physical contact with athletes should be: <ul style="list-style-type: none"> • appropriate to the situation. • necessary for the athlete's skill development. * 	
9. Refrain from any form of personal abuse towards your athletes. *	<ul style="list-style-type: none"> • This includes verbal, physical and emotional abuse. • Be alert to any forms of abuse directed towards your athletes from other sources whilst they are in your care.
10. Refrain from any form of harassment towards your athletes. *	<ul style="list-style-type: none"> • This includes sexual and racial harassment, racial vilification and harassment on the grounds of disability • You should not only refrain from initiating a relationship with an athlete, but should also discourage any attempt by an athlete to initiate a sexual relationship with you, explaining the ethical basis of your refusal.
11. Provide a safe environment for training and competition.	<ul style="list-style-type: none"> • Ensure equipment and facilities meet safety standards. • Equipment, rules, training and the environment need to be appropriate for the age and ability of the athletes.
12. Show concern and caution towards sick and injured athletes.	<ul style="list-style-type: none"> • Provide a modified training program where appropriate. • Allow further participation in training and competition only when appropriate. • Encourage athletes to seek medical advice when required. • Maintain the same interest and support towards sick and injured athletes.
13. Be a positive role model for your sport and athletes.	

Coaches should.....

- ◆ Be treated with respect and openness.
- ◆ Have access to self-improvement opportunities.
- ◆ Be matched with a level of coaching appropriate to their level of competence.